CONFLICTS OF INTEREST

• None relevant to this talk

• Pfizer, Auspex, Osmotica, Lundbeck, Acadia, Theravance, Teva

FALLS DATA: CDC 2013

• 1/3 older than 65 fall/year; less than half discuss it with PCP

• 2.3M older patients seen in ER in 2010 for falls

• Direct cost of falls in 2010 was $30B
GAIT ABNORMALITIES

• Rule #1: If you don’t look you won’t see.

• Rule #2: Inquire
  • a. Is there a gait or balance problem?
  • b. What is the etiology?

• Rule #3: Any assistive device requires a justification.

GAIT ABNORMALITIES

What goes into walking?

• Standing up.
• Maintaining balance.
• Moving the feet.

PARAMETERS OF GAIT

• Rising
• Posture
• Base
• Stride
• Foot-strike
• Speed
• Balance
• Turning
• Armswing
“The exam begins in the waiting room”

If you don’t look you won’t see.