6th Annual New England Sports & Orthopedic Rehabilitation Summit Hip Management, Preservation, Rehabilitation, and Surgery Throughout the Lifespan

Saturday, April 7, 2018

Warren Alpert Medical School of Brown University 222 Richmond Street Providence, RI









Jointly Provided By:





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PROGRAM DESCRIPTION

The 2018 New England Sports and Orthopedic Rehabilitation Summit will offer learners the opportunity to participate in lectures, interactive panel discussions, and hands-on laboratory style breakout sessions to synthesize and integrate current evidence related to conservative, surgical, and rehabilitation management of various hip pathologies throughout the lifespan. Participants will review key current concepts related to the conservative and post-operative rehabilitation of these hip pathologies to optimize successful functional and post-operative outcomes. Participants will also be offered the opportunity to apply these concepts and improve integration in hands-on breakout sessions.

TARGET AUDIENCE

Athletic Trainers, Occupational Therapists, Occupational Therapy Assistants, Physician Assistants, Physician Assistants, Physical Therapists, Physical Therapy Assistants, and Strength and Conditioning Professionals.

LEARNING OBJECTIVES

At the conclusion of this activity participants should be able to:

- Develop increased awareness of critical factors in post-operative rehabilitation following hip arthroscopy and influence of various hip pathologies necessitating changes in rehabilitation protocols
- Describe pathoanatomy in FAI and progression of hip pathology
- Recognize technical differences between THA surgical approaches

SATURDAY, APRIL 7, 2018

OAI CRDAI, II	APRIL /, 2016			
7:00-7:50 ам	Registration, Breakfast & Visit Exhibitors	12:30-1:15	Lunch I OR Attend Breakout Sessions 1 or 2	
7:50-8:00	Opening Remarks Daniel Bien, MSPT, OCS, CSCS Thomas Dubuque, PT, MSPT, SCS, CSCS David Pezzullo, MS, PT, SCS, ATC		1. Lower Extremity Biomechanics Assessment and Intervention Cara L. Lewis, PT, PhD	
8:00-8:30	Pediatric Hip Considerations Jonathan R. Schiller, MD		2. Hip Assessment and Return to Sport Assessment Ross Budacki, MD Kevin Mahoney, DPT, MEd, ATC	
8:30-9:00	Hip Biomechanics ^o Cara L. Lewis, PT, PhD	1:15-2:00	Lunch II OR Attend Breakout Session 3	
9:00-9:30	Non-Operative Management of Hip Pathology [©] Michael J. Mullin, ATC, PTA, PRC		3. Post Surgical Hip Rehabilitation Considerations Pete Draovitch, PT, MS, ATC, CSCS, SCS	
9:30-9:50	Break and Visit Exhibitors	2:00-2:30	Total Hip Arthroplasty Surgical Considerations Update 2018	
9:50-10:20	(ip Preservation: Concepts & Techniques amin Tabaddor, MD		Eric M. Cohen, MD	
10:20-10:50	Hip Arthroscopy Rehabilitation	2:30–3:00	Total Hip Arthroplasty Rehabilitation Kevin Mahoney, DPT, MEd, ATC	
	Pete Draovitch, PT, MS, ATC, CSCS, SCS	3:00-3:15	Panel Discussion	
10:50–11:20	Restoring Athletic Performance Following Hip Injury [©]	3:15–4:30 рм	Concurrent Breakout Sessions 4-6	
	Doug Kechijian, DPT, MA, EMT-P		4. Athletic Performance Considerations	
11:20-11:40	Break and Visit Exhibitors	for Hip [©] Doug Kechijian, DPT, MA, EMT-P		
11:40-12:10 рм	Differential Diagnosis of Hip vs. Lumbar Pathology George J. Pasquarello, DO, FAAPO CAQPM		5. Low Back Pain Assessment Algorithm George J. Pasquarello, DO, FAAO, CAQPM	
12:10-12:25	Panel Discussion		6. Lumbopelvic Rehabilitation [⊕] Michael J. Mullin, ATC, PTA, PRC	

Φ Content is appropriate for strength & conditioning professionals.

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Course Directors

Daniel Bien, MSPT, OCS, CSCS Clinical Coordinator, PT Education University Orthopedics, Inc.

Sports Clinical Specialist University Orthopedics, Inc.

Thomas Dubuque, PT, MSPT, SCS, CSCS David Pezzullo, MS, PT, SCS, ATC Director, Physical Therapy University Orthopedics, Inc.

CONFERENCE FACULTY

Ross Budacki, MD

Teaching Fellow in Orthopaedics Warren Alpert Medical School of Brown University Rhode Island Hospital | Providence, RI University Orthopedics, Inc.

Eric M. Cohen, MD

Instructor in Orthopedic Surgery Adult Reconstruction and Hip and Knee Arthroplasty Warren Alpert Medical School of Brown University Rhode Island Hospital | Providence, RI

Pete Draovitch, PT, MS, ATC, CSCS, SCS

Clinical Supervisor, The Hip James M. Benson Sports Rehabilitation Center Hospital for Special Surgery | New York, NY

Doug Kechijian, DPT, MA, EMT-P

CEO, Resilient Performance Physical Therapy New York, NY

Cara L. Lewis, PT, PhD

Associate Professor

Department of Physical Therapy and Athletic Training Department of Health Sciences, Programs in Human Physiology Clinical Epidemiology Research & Training Unit, School of Medicine Peter Paul Career Development Professor Director, Human Adaptation Laboratory Boston University | Boston, MA

Kevin Mahoney, DPT, MEd, ATC

Physical Therapy Site Coordinator Adult PT Clinic, Butler Campus University Orthopedics, Inc.

Michael J. Mullin, ATC, PTA, PRC

Integrative Rehab Training LLC. | Portland, ME

George J. Pasquarello, DO, FAAO, CAQPM

Clinical Assistant Professor of Family Medicine Warren Alpert Medical School of Brown University Neuromusculoskeletal/Osteopathic Manipulative Medicine Pain Medicine | Newport Hospital | Newport, RI University Orthopedics, Inc.

Jonathan R. Schiller, MD

Assistant Professor of Orthopaedics Director, Adolescent and Young Adult Hip Service Warren Alpert Medical School of Brown University Hasbro Children's Hospital & Rhode Island Hospital | Providence, RI University Orthopedics, Inc.

Ramin Tabaddor, MD

Assistant Professor of Orthopedics Warren Alpert Medical School of Brown University Rhode Island Hospital & The Miriam Hospital | Providence, RI Newport Hospital | Newport, RI University Orthopedics, Inc.

PLANNING COMMITTEE

Daniel Bien, MSPT, OCS, CSCS Thomas Dubuque, PT, MSPT, SCS, CSCS David Pezzullo, MS, PT, SCS, ATC

Maria Sullivan, BS

Director of Continuing Medical Education Warren Alpert Medical School Providence, RI

University Orthopedics, Inc. has offices located in Providence, East Greenwich, and Middletown, RI.

REGISTRATION INFORMATION

Register online at:

https://apps.biomed.brown.edu/cme_registration

Conference registration fee includes:

Breakfast, breaks, lunch, access to an online syllabus, and complimentary on-site parking.

REGISTRATION FEES

Before March 7

Guaranteed seating in the main lecture hall

\$225.00	Physicians & Chiropractic Physicians
\$200.00	Physical Therapists, Physical Therapy
	Assistants, and Occupational Therapists
\$150.00	Athletic Trainers, Strength and
	Conditioning Professionals
\$100.00	Other Healthcare Professionals and Students

After March 7

\$250.00	Physicians & Chiropractic Physicians
\$225.00	Physical Therapists, Physical Therapy Assistants, and Occupational Therapists
\$175.00	Athletic Trainers, Strength and Conditioning Professionals
\$125.00	Other Healthcare Professionals and Students

CANCELLATION POLICY

Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than March 16, 2018. A \$25.00 administrative fee will be charged for all refunds (no refunds for "no shows"). There will be no additional charge for substitutions. This conference is subject to change or cancellation.

Please notify the Brown CME Office in writing at least two weeks prior to the conference to request reasonable accommodations.

CONFERENCE LOCATION AND PARKING

The Warren Alpert Medical School of Brown University 222 Richmond Street, Providence, RI 02912

Parking will be available in the parking garage <u>connected</u> to the medical building, located on the corner of Richmond and Elm Streets. Enter through the Elm Street entrance.

FOR MORE INFORMATION

Contact the Brown CME Office 233 Richmond St., G-R156, Providence, RI 02912 P: 401-863-2871 | F: 401-863-2202 | Email: CME@Brown.edu

CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and University Orthopedics, Inc. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Physicians:

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 7.25 AMA PRA Category 1 $Credits^{TM}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers:

Warren Alpert Medical School of Brown University (BOC AP#: P8573) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 7.25 Category A hours/CEUs. ATs should claim only those hours actual spent in the educational program.

Chiropractic Physicians:

This conference is approved for Continuing Education Credits. Chiropractic Physicians will receive a Certificate of Attendance for up to 7.25 hours.

Osteopathic Physicians:

This conference is approved through the American Osteopathic Association for 7.25 credits of AOA Category 2-A CME. Osteopathic Physicians will receive a Certificate of Attendance verifying their participation.

Physician Assistants/Nurse Practitioners:

Participants will receive a Certificate of Attendance stating this program is designated for 7.25 hours *AMA PRA Category 1 Credits*^{TM.} This credit is accepted by the AAPA and AANP.

Physical Therapists/Physical Therapy Assistants:

The Warren Alpert Medical School Office of Continuing Medical Education is approved by the Rhode Island Board of Physical Therapy to offer CE programs for physical therapists. Physical therapist participants will receive a Certificate of Attendance for up to 7.25 hours.

NSCA CEU Strength & Conditioning Professionals:

NSCA Certification Executive Council approved 0.4 CEU(s) for CSCS & NSCA-CPT certified individuals attending this event. Approval #L1182-A07A1.

REGISTER ONLINE AT:

HTTPS://APPS.BIOMED.BROWN.EDU/CME_REGISTRATION