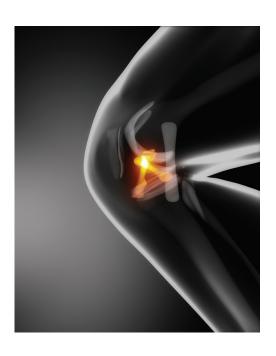
5th Annual New England Sports & Orthopedic Rehabilitation Summit

Advances in Anterior Cruciate Ligament (ACL) Surgery, Rehabilitation, & Injury Prevention



Saturday, April 1, 2017 Warren Alpert Medical School Providence, RI

Jointly Provided By





5th Annual New England Sports & Orthopedic Rehabilitation Summit Advances in Anterior Cruciate Ligament (ACL) Surgery, Rehabilitation, and Injury Prevention

PROGRAM DESCRIPTION

The New England Sports and Orthopedic Rehabilitation Summit 2017: Advances in Anterior Cruciate Ligament (ACL) Surgery, Rehabilitation, and Injury Prevention is a one day conference targeting physical therapists, physical therapy assistants, athletic trainers, nurses, chiropractors, medical students, primary care physicians, and orthopedic/sports medicine physicians. Evidence for optimal surgical and post-operative ACL injury management, and prevention of ACL injury is constantly evolving. Understanding and integrating this evidence is crucial to achieving optimal patient outcomes. This course will provide a comprehensive overview of current and emerging evidence detailing surgical, rehabilitation, and prevention considerations with ACL injury. This program will feature an integrated format combining lectures, open panel discussion, and hands-on breakout workshop sessions offering opportunities for application and detailed exploration of presented concepts.

TARGET AUDIENCE

Athletic Trainers, Occupational Therapists, Occupational Therapy Assistants, Physicians, Physician Assistants, Physical Therapists, Physical Therapy Assistants, and Strength and Conditioning Professionals.

LEARNING OBJECTIVES

At the conclusion of this activity participants should be able to:

2. Imaging for ACL/Knee Peter T. Evangelista, MD

- Describe proposed factors influencing successful return to preinjury level of sports/recreation participation
- Identify evidence and risk factors contributing to reinjury following ACLR
- Discuss surgical considerations with ACLR, ACLR revision, and concomitant articular cartilage injury and subsequent influence on post-operative outcomes and rehabilitation planning

SATURDAY, APRIL 1, 2017

7:00–7:50 ам	Registration, Breakfast & Visit Exhibitors	12:20-1:05	Lunch II OR Attend Breakout Session 3	
7:50–7:55	Opening Remarks Daniel Bien, MSPT, OCS, CSCS Thomas Dubuque, PT, MSPT, SCS, CSCS		3. Late Stage ACLR/ Rehabilitation Programming ⁶ Daniel S. Lorenz, DPT, PT, LAT, CSCS	
7:55-8:25	David Pezzullo, MS, PT, SCS, ATC ACLR Overivew Paul D. Fadale, MD	1:05-1:35	Neuroscience Approach to ACLR Dustin R. Grooms, PhD, ATC, CSCS	
8:25-8:55	ACLR Revision Michael J. Hulstyn, MD	sion 1:35–2:05 ACLK Retear and Reinjury Rehabilitation Considerations		
8:55-9:25	ACLR and Articular Cartilage/ Meniscal Considerations Brett D. Owens, MD	2:05–2:35	Late Stage ACLR Deficits—Restoring Strength and Power [†] Daniel S. Lorenz, DPT, PT, LAT, CSCS	
9:25-9:45	Break and Visit Exhibitors	2:35-3:05	How to Build Bulletproof Knees ^{\$\phi\$} Mike Robertson, MS, CSCS, USAW	
9:45-10:15	Pediatric ACLR Considerations & Update Aristides I. Cruz, Jr., MD			
		3:05-3:15	Panel Discussion	
10:15-10:35	Advances in ACLR—Future Surgical and	3:20-4:20	Concurrent Breakout Sessions 4-6	
	Bioengineering Horizons Braden Fleming, PhD		4. Neuroscience Application With ACL Dustin R. Grooms, PhD, ATC, CSCS	
10:35–11:05	Psychological Concerns and Care During ACLR Injury and Rehabilitation Adam H. Naylor, EdD, CC-AASP		5. ACL Reinjury Prevention Training ⁶ Mark V. Paterno, PT, PhD, MBA, SCS	
11:05-11:25	Break and Visit Exhibitors		6. Durable Athletic Training ^φ Mike Robertson, MS, CSCS, USAW	
11:25-11:35	Panel Discussion	4:20 рм	Adjourn	
11:35-12:20 рм	Lunch I OR Attend Breakout Sessions 1 or 2	4.20 PM	Aujourn	
	1. Comprehensive Knee Examination J. Kristopher Ware, MD, DPT, MS	^ф Content is appr	opriate for strength & conditioning professionals.	

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COURSE DIRECTORS

Daniel Bien, MSPT, OCS, CSCS*

Clinical Coordinator, PT Education

Thomas Dubuque, PT, MSPT, SCS, CSCS* David Pezzullo, MS, PT, SCS, ATC*

Sports Clinical Specialist

Director, Physical Therapy

CONFERENCE FACULTY

Aristides I. Cruz, Jr., MD*

Assistant Professor of Orthopaedics Warren Alpert Medical School of Brown University Rhode Island Hospital and Hasbro Children's Hospital University Orthopedics, Inc. | Providence, RI

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Braden C. Fleming, PhD*

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Dustin R. Grooms, PhD, ATC, CSCS

Assistant Professor, Division of Athletic Training School of Applied Health Sciences and Wellness College of Health Sciences and Professions Ohio Musculoskeletal and Neurological Institute Ohio University | Athens, OH

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Daniel S. Lorenz, DPT, PT, LAT, CSCS

Co-Owner, Director of Physical Therapy Specialists in Sports and Orthopedic Rehabilitation Overland Park, KS Rehabilitation Consultant Mid-America Nazarene Athletics **Rockhurt University Athletics** Chair, Sports Performance Enhancement SIG Sports Section

Adam H. Naylor, EdD, CC-AASP

Boston University School of Education Director Mental Game Northeastern University Sports Performance Player Development Consultant Telos Sport Psychology Coaching (SPC) | Boston, MA

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Clinical Assistant Professor of Sport Psychology

Mark V. Paterno, PT, PhD, MBA, SCS

Professor, Division of Sports Medicine Acting Scientific Director Division of Occupational Therapy & Physical Therapy Cincinnati Children's Hospital Medical Center University of Cincinnati College of Medicine | Cincinnati, OH

Mike Robertson, MS, CSCS, USAW

President, Robertson Training Systems Co-Owner, Indianapolis Fitness and Sports Training Indianapolis, IN

J. Kristopher Ware, MD, DPT, MS

Sports Fellow | Warren Alpert Medical School Rhode Island Hospital & The Miriam Hospital | Providence, RI

PLANNING COMMITTEE

Daniel Bien, MSPT, OCS, CSCS Thomas Dubuque, PT, MSPT, SCS, CSCS David Pezzullo, MS, PT, SCS, ATC

Maria Sullivan, BS

Director of Continuing Medical Education Warren Alpert Medical School Providence, RI

^{*}Affiliated with University Orthopedics, Inc. in their offices located in Providence, East Greenwich, and Middletown, RI.

REGISTRATION INFORMATION

Register online at:

https://apps.biomed.brown.edu/cme_registration

Conference registration fee includes:

Breakfast, breaks, lunch, access to an online syllabus, and complimentary on-site parking.

REGISTRATION FEES

Before March 3

Guaranteed seating in the main lecture hall

\$225.00	Physicians & Chiropractic Physicians
\$200.00	Physical Therapists, Physical Therapy
	Assistants, and Occupational Therapists
\$150.00	Athletic Trainers, Strength and
	Conditioning Professionals
\$100.00	Other Healthcare Professionals and Students

After March 3

\$250.00	Physicians & Chiropractic Physicians
\$225.00	Physical Therapists, Physical Therapy Assistants, and Occupational Therapists
\$175.00	Athletic Trainers, Strength and Conditioning Professionals
\$125.00	Other Healthcare Professionals and Students

CANCELLATION POLICY

Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than March 17, 2016. A \$25.00 administrative fee will be charged for all refunds (no refunds for "no shows"). There will be no additional charge for substitutions. This conference is subject to change or cancellation.

Please notify the Brown CME Office in writing at least two weeks prior to the conference to request reasonable accommodations.

CONFERENCE LOCATION AND PARKING

The Warren Alpert Medical School of Brown University 222 Richmond Street, Providence, RI 02912

Parking will be available in the parking garage adjacent to the Medical Building (333 Eddy St. on Google Maps). Upon entering, please take a ticket from the machine. You may park on any level of the garage & can exit using either the Eddy or Elm Street exits.

FOR MORE INFORMATION

Contact the Brown CME Office 233 Richmond St., G-R156, Providence, RI 02912 P: 401-863-2871 | F: 401-863-2202 | Email: CME@Brown.edu

CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and University Orthopedics, Inc. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

<u>Physicians</u>: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers: Warren Alpert Medical School of Brown University (BOC AP#: P8573) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 7.0 Category A hours/CEUs. ATs should claim only those hours actual spent in the educational program.

<u>Chiropractic Physicians</u>: This conference is approved for Continuing Education Credits. Chiropractic Physicians will receive a Certificate of Attendance for up to 7.0 hours.

Osteopathic Physicians: This conference is approved through the American Osteopathic Association for 7.0 credits of AOA Category 2-A CME. Osteopathic Physicians will receive a Certificate of Attendance verifying their participation.

<u>Physician Assistants/Nurse Practitioners</u>: Participants will receive a Certificate of Attendance stating this program is designated for 7.0 hours *AMA PRA Category 1 Credits*^{TM.} This credit is accepted by the AAPA and AANP.

Physical Therapists/Physical Therapy Assistants: The Warren Alpert Medical School Office of Continuing Medical Education is approved by the Rhode Island Board of Physical Therapy to offer CE programs for physical therapists. Physical therapist participants will receive a Certificate of Attendance for up to 7.0 hours.

Strength & Conditioning Professionals: NSCA Certification Executive Council approved 0.3 CEU(s) for CSCS & NSCA-CPT certified individuals attending this event. Approval #L1182.

Other Professionals: Please contact the Brown University Office of Continuing Medical Education for other credit designation approvals at 401-863-2871 or contact us at CME@brown.edu.

REGISTER ONLINE AT:

HTTPS://APPS.BIOMED.BROWN.EDU/CME_REGISTRATION