



**BROWN**  
Alpert Medical School

**November 12-15, 2015**  
**Omni Amelia Island Plantation Resort**  
**Amelia Island, Florida**

# **Eighth Biennial Conference**



## **Advances in Research, Patient Care, Policy, and Education**

**Polysomnography Courses**  
**Thursday, November 12th**

**Best Practices Course**  
**Friday, November 13th**

**Pediatric Sleep  
Medicine Meeting**  
**Saturday & Sunday**  
**November 14th & 15th**

**Featuring Keynote Speaker:**  
**Mark R. Rosekind, PhD**

This biennial conference brings together a multi-disciplinary group of basic and clinical researchers, clinicians, educators, policy makers, and trainees involved in pediatric and adolescent sleep medicine. The meeting represents an exceptional opportunity to network, share knowledge and ideas, and establish collaborative projects. In addition to a distinguished group of speakers, Mark R. Rosekind, PhD, head of the US Department of Transportation, National Highway Traffic Safety Administration, will be giving the Keynote Address.

## Co-Chairs

### **Jodi A. Mindell, PhD**

Professor of Psychology  
Saint Joseph's University  
Associate Director, Sleep Center  
Children's Hospital of Philadelphia | Philadelphia, PA

### **Judith A. Owens, MD, MPH**

Associate Professor  
Harvard Medical School  
Director of Sleep Medicine  
Boston Children's Hospital | Boston, MA

## Incoming Co-Chairs

### **Lisa J. Meltzer, PhD**

Associate Professor of Pediatrics  
Director, Pediatric Behavioral Sleep Clinic  
National Jewish Health | Denver, CO

### **Carol L. Rosen, MD**

Professor, Department of Pediatrics  
J. S. Rube Endowed Chair in Pediatric Sleep Medicine  
Case Western Reserve University School of Medicine  
University Hospitals of Cleveland, Case Medical Center  
Rainbow Babies & Children's Hospital | Cleveland, OH

## Planning Committee

### **Debra Babcock, MD**

Partner, Altos Pediatric Associates | Los Altos, CA

### **Oliviero Bruni, MD**

President, International Pediatric Sleep Association  
Associate Professor  
Department of Developmental and Social Psychology  
Sapienza University | Rome, Italy

### **Mary Carskadon, PhD**

Professor of Psychiatry & Human Behavior  
Alpert Medical School, Brown University  
Director, Chronobiology and Sleep Research  
EP Bradley Hospital | Providence, RI

### **Penny Corkum, PhD**

Associate Professor of the Clinical Psychology Program  
Dalhousie University  
Director of Research and Training of the ADHD Clinic  
Colchester Regional Hospital | Halifax, Nova Scotia

### **Daniel G. Glaze, MD**

Professor, Departments of Pediatrics and Neurology  
Baylor College of Medicine  
Medical Director, Sleep Center  
Texas Children's Hospital | Houston, TX

### **Michael Gradisar, PhD**

Senior Lecturer in Clinical Child Psychology  
Director, Child & Adolescent Sleep Clinic  
Centre for Neuroscience | Flinders University  
Adelaide, South Australia

### **Ann C. Halbower, MD**

Professor of Pediatrics, Pulmonary Section  
Director, Pediatric Sleep Research  
Children's Hospital Colorado and University of Colorado  
School of Medicine | Aurora, CO

### **Kelli A. Landry**

CME Coordinator, Office of Continuing Medical Education  
Alpert Medical School, Brown University | Providence, RI

### **Hawley Montgomery-Downs, PhD**

Associate Professor of Psychology  
Adjunct Associate Professor, Pediatrics  
West Virginia University | Morgantown, WV

### **Kristina Puzino, MS**

The Sleep Center  
The Children's Hospital of Philadelphia  
Lehigh University | Bethlehem, PA

### **Robyn Stremmler, RN, PhD**

Assistant Professor  
Lawrence S. Bloomberg Faculty of Nursing  
University of Toronto  
Adjunct Scientist & Research Associate  
Hospital for Sick Children(SickKids) | Toronto, Canada

### **Maria Sullivan, BS**

Director, Office of Continuing Medical Education  
Alpert Medical School, Brown University | Providence, RI

**See conference website for more details: [brown.edu/cme/pedsleepmedconference](http://brown.edu/cme/pedsleepmedconference)**

# PEDIATRIC PSG I (BASIC): ACCOMMODATING CHILDREN IN THE SLEEP LAB

## THURSDAY, NOVEMBER 12, 2015

### Target Audience

Novice, intermediate and advanced sleep medicine specialists, fellows, physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists. Instructional level: novice.

### Program Description

This course will highlight the unique and specialized aspects of pediatric polysomnography including discussion of pediatric indications for PSG, review of the new AASM scoring rules and their implementation in clinical settings; and basic policies and procedures for safety, scheduling, staffing, and accommodations. Strategies for making the PSG child-friendly and improving the coping skills of the child, caregiver and staff; pediatric PSG procedures and PAP Mask fitting, habituation, and titration tips, and pediatric scoring (visual, respiratory, movements, arrhythmias and other waveforms) will also be covered in detail.

### At the conclusion of this course, attendees should be able to:

- Develop policies and procedures for successful and "child-friendly" polysomnography
- Modify PAP mask fitting, application, and titration to a pediatric population
- Implement pediatric scoring consistent with AASM procedures

7:00–8:00 am **Registration and Breakfast**

8:00–8:15 **Welcome**  
Co-Chairs: Carol L. Rosen, MD and Judith A. Owens, MD, MPH

8:15–9:00 **Sleep Lab Tool Kit for Children: Protocols, Safety, Procedures, Diagnoses, Work Flow, Scheduling and Questionnaires**  
Patrick Sorenson, MA, RPGST and Judith A. Owens, MD, MPH

9:00–9:30 **Child Friendly PSG - Interactive Workshop with Child Life - Communication, Coping Plans and Distractions**  
Elizabeth Zaremba, MA, CCLS

9:30–10:00 **CPAP Titration in Children: Mask Fitting and Titration Protocols for a Positive First Experience**  
Ann C. Halbower, MD

10:00–10:15 **Break**

10:15–11:00 **Visual Scoring Across the Ages: Staging, Arousals, and Dominant Posterior Rhythm**  
Daniel G. Glaze, MD

11:00–11:45 **Pediatric Respiratory Assessment: From Sensors to Scoring**  
Carol L. Rosen, MD

11:45–12:15 **Scoring Movements, Arrhythmias, and Other Waveforms**  
Madeleine M. Grigg-Damberger, MD

12:15–12:30 PM **Question & Answer Session and Wrap-Up**





# PEDIATRIC PSG II (ADVANCED): MASTER CLASS COURSE

## THURSDAY, NOVEMBER 12, 2015

### Target Audience

Intermediate to advanced sleep medicine specialists, fellows, psychologists, physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists.

Instructional level: intermediate

### Program Description

This course is targeted towards experienced pediatric sleep practitioners seeking a more advanced but still practical approach to polysomnography in infants, children and adolescents, and is designed to address more specialized aspects of pediatric PSG. Highlights include pediatric considerations for multiple sleep latency-testing, an update on alternative strategies for OSAS diagnosis and PAP therapy, and the use of non-invasive respiratory support strategies during polysomnography. The final session will include two "audience participation" presentations designed to improve the attendee's visual recognition and data interpretations skills using illustrative PSG fragments and data summaries.

### At the conclusion of this course, attendees should be able to:

- List the strengths and limitations of MSLT testing in children and implement diagnostic "work-arounds" for testing protocols originally geared for evaluation in adults.
- Describe the range of alternative diagnostics methodologies for OSAS, the potential role of auto-titration devices, and the quality of the evidence for their use in children.
- List the various forms of non-invasive respiratory support currently available for implementation during PSG, including bi-level pressure, volume assured pressure support, and adaptive servo-ventilation strategies and describe the basics (staff competencies, equipment, protocols, target groups) for implementation and assessment.
- Recognize normal features, variants, artifacts and features associated with clinical sleep disorders: respiratory PSG parameters (airflow, effort, sum, SpO<sub>2</sub>, CO<sub>2</sub> measures) in childhood.
- Recognize normal features, variants, artifacts and features associated with clinical sleep disorders: non-respiratory PSG parameters (sleep waveforms, ECG, limb movements) in childhood.

1:00–1:30 PM **Registration**

1:30–2:15 **MSLT Testing in Children: From Protocols to Interpretation**  
Kiran Maski, MD

2:15–3:00 **Alternative Strategies for OSAS Diagnosis & Use of Autotitration Devices in Children: A World View**  
Manisha Witmans, MD, FRCPC, FAASM

3:00–3:45 **Beyond CPAP: Approaches to Non-Acute Respiratory Support in the Sleep Lab**  
Kristie R. Ross, MD, MS

3:45–4:00 **Break**

4:00–4:30 **Interactive Cases: Name That Waveform or Pattern (Respiratory Channels)**  
Carol L. Rosen, MD and Faculty

4:30–5:00 **Interactive Cases: Name That Waveform or Pattern (Non-Respiratory Channels) EEG, ECG, Limb Movement**  
Carol L. Rosen, MD and Faculty

5:00–5:30 PM **Question & Answer Session and Wrap-Up**

# BEST PRACTICES COURSE

## FRIDAY, NOVEMBER 13, 2015

### Target Audience

Researchers, clinicians, and trainees (physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists). Instructional level: intermediate.

### Program Description

This course will offer best practice, up-to-date, evidence based information for the treatment of pediatric sleep disorders including pediatric insomnia, sleep disordered breathing, narcolepsy, restless legs syndrome/periodic limb movement disorder, circadian rhythm disorders and parasomnias.

### At the conclusion of this course, attendees should be able to:

- Identify and diagnose physiologically-based pediatric and adolescent sleep disorders
- Identify and diagnose behaviorally-based pediatric and adolescent sleep disorders
- Apply up-to-date, evidence based treatments for pediatric and adolescent sleep disorders

7:00–8:00 AM	<b>Registration, Breakfast &amp; Visit Exhibits</b>	12:30–1:30	<b>Lunch and Visit Exhibits</b>
8:00–8:15	<b>Welcome</b> Co-Chairs: Jodi A. Mindell, PhD & Lisa J. Meltzer, PhD	1:30–2:15	<b>Pharmacology and Pediatric Sleep Disorders</b> Judith A. Owens, MD, MPH
8:15–9:00	<b>Obstructive Sleep Apnea</b> Carol L. Rosen, MD	2:15–2:45	<b>Insomnia in Infants</b> Jodi A. Mindell, PhD
9:00–9:30	<b>Central Sleep Apnea</b> Ann C. Halbower, MD	2:45–3:00	<b>Break and Visit Exhibits</b>
9:30–10:15	<b>Adherence to PAP Therapy</b> Susan C. M. Crane, Psy.D.	3:00–3:30	<b>Insomnia in School Age Children</b> Penny Corkum, PhD
10:15–10:30	<b>Break and Visit Exhibits</b>	3:30–4:00	<b>Insomnia in Adolescents</b> Michael Gradisar, PhD
10:30–11:15	<b>Narcolepsy and Disorders of Daytime Sleepiness</b> Daniel G. Glaze, MD	4:00–4:30	<b>Insomnia in Special Populations</b> Beth A. Malow, MD, MS
11:15–12:00	<b>Restless Legs Syndrome and Periodic Limb Movement Disorder</b> Oliviero Bruni, MD	4:30–5:15	<b>Circadian Rhythm Disorders</b> James K. Wyatt, PhD, D.ABSM, C.ABSM
12:00–12:30 PM	<b>Parasomnias</b> Thornton B. Alexander Mason, MD, PhD, MSCE		



### Friday, November 13, 2015

#### Welcome Reception | 7:00–9:00 PM

Please join us from 7:00–8:00 PM in the Ocean View Room & Terrace for refreshments followed by a beach fire and roasting marshmallows on Sunrise Beach from 8:00–9:00 PM.



# 2015 PEDIATRIC SLEEP MEDICINE MEETING

## SATURDAY, NOVEMBER 14, 2015

### Target Audience

Researchers, clinicians, and trainees (physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists). Instructional level: intermediate

### Program Description

Attendance at Pediatric Sleep Medicine 2015 will give participants a broad understanding of pediatric sleep, including state-of-the-art basic and clinical research in pediatric sleep and current clinical practices in pediatric sleep medicine.

### At the conclusion of this meeting, attendees should be able to:

- Summarize relevant information on the latest in pediatric sleep research and clinical practice
- Identify issues and challenges in pediatric sleep medicine
- Understand public policies that potentially impact children's/adolescent's sleep

### Friday, November 13, 2015

7:00–9:00 pm **Welcome Reception**

### Saturday, November 14, 2015

7:00–7:45 am **Registration and Breakfast Buffet**

7:45–8:00 **Welcome**  
Jodi A. Mindell, PhD &  
Judith A. Owens, MD, MPH

8:00–9:30 **Invited Symposium**  
**Obstructive Sleep Apnea in Children:**  
**From Bench to Better Outcomes**  
Co-Chairs: Carol Rosen, MD &  
Ann C. Halbower, MD

**Insight into Phenotype and Genotype**  
**Interactions in Cognitive and Behavioral**  
**Consequences of Pediatric Obstructive**  
**Sleep Apnea**  
Leila Kheirandish Gozal, MD, MSc

**More Chatter from CHAT**  
Eliot S. Katz, MD

**Quality Measures for Pediatric OSA**  
Carol Rosen, MD

9:30–10:00 **Young Investigator Presentations**  
Co-Chairs: Robyn Stremmler, RN, PhD &  
Kristina Puzino, BA

10:00–10:15 **Break and Visit Exhibitors**

10:15–11:15 **Keynote Address—Safe Travels:**  
**Keeping Our Kids Safe on Our Roads**  
Mark Rosekind, PhD  
Administrator, U. S. Department of  
Transportation, National Highway Traffic  
Safety Administration

11:15–12:30

### Hot Topics in Pediatric Sleep

**Melatonin: Does it Work? Is It Safe?**  
Beth A. Malow, MD

**Sleep Coaches: Scope of Practice and**  
**Future Directions**  
David Ingram, MD and Kim West, LCSW-C

12:30–2:00

### Lunch and Visit Exhibitors

12:30–2:00

**Trainee Event/Lunch**  
Kristina Puzino, MS

2:00–3:30

**Invited Symposium**  
**Influence of Sleep on Learning and**  
**Memory in Children**  
Co-Chairs: Mary Carskadon, PhD &  
Michael Gradisar, PhD

**Sleep, Learning and Memory in**  
**Young Children**  
Rebecca L. Gómez, PhD

**Sleep and Classroom Learning in Children**  
Dean W. Beebe, PhD

**Sleep and Learning in Children with ADHD**  
Jared M. Saletin, PhD

# 2015 PEDIATRIC SLEEP MEDICINE MEETING (CONTINUED)

## SUNDAY, NOVEMBER 15, 2015

### Target Audience

Researchers, clinicians, and trainees (physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists). Instructional level: intermediate

### Program Description

Attendance at Pediatric Sleep Medicine 2015 will give participants a broad understanding of pediatric sleep, including state-of-the-art basic and clinical research in pediatric sleep and current clinical practices in pediatric sleep medicine.

### At the conclusion of this meeting, attendees should be able to:

- Summarize relevant information on the latest in pediatric sleep research and clinical practice
- Identify issues and challenges in pediatric sleep medicine
- Understand public policies that potentially impact children's/adolescent's sleep

### Saturday, November 14, 2015 (Continued)

3:30-5:00 PM

#### Concurrent Workshops

Co-Chairs: Lisa J. Meltzer, PhD &  
Hawley Montgomery-Downs, PhD

#### Actigraphy—Clinical & Research Applications

Lisa J. Meltzer, PhD, &  
Hawley Montgomery-Downs, PhD

9:45-10:15

#### Participating in Pharmaceutical Clinical Trials; Nuts and Bolts

Judith A. Owens, MD, MPH &  
Y. Grace Wang, MD

10:15-10:30

10:30-11:45

#### Circadian Research

Stephanie Crowley, PhD &  
Mary Carskadon, PhD

#### Sleep Center Coding and Reimbursement

Kathryn Hansen, BS, CPC, REEGT

5:00-5:30 PM

#### Poster Session

Co-Chairs: Daniel G. Glaze, MD &  
Ann C. Halbower, MD

### Sunday, November 15, 2015

7:30-8:30 AM

#### Breakfast Buffet

8:30-9:45

#### Submitted Symposium

Chair: Oliviero Bruni, MD

#### Sleep and Parenting: Children with Developmental, Neurological, and Contextual Issues

Chair: Anat Scher, PhD

11:45-12:00

12:00 PM

#### Sleep Development and Parenting from Newborn to Early Infancy in Disadvantaged Dyads with Prenatal Exposure to Methadone

Marie J. Hayes, PhD

#### Toddlers with Autism Spectrum Disorder: The Contribution of Sleep Problems to Parenting Stress

Anat Scher, PhD

#### Parenting Stress and Sleep in School-Aged Children with Attention-Deficit/Hyperactivity Disorder

Anat Zaidman-Zait, PhD

#### Ecological Stressors and Sleep in Minority Children

Karen Spruyt, PhD

#### Young Investigator Presentations

Co-Chairs: Robyn Stremmler, RN, PhD &  
Kristina Puzino, BA

#### Break

#### Submitted Symposium

Chair: Penny Corkum, PhD

#### Sleep in the 'Middle Ages': Is It Time For Consensus?

Chair: Daniel S. Lewin, PhD

#### Insomnia in The 'Middle Ages' Etiology, Pathogenesis and Diagnostic Criteria

Daniel S. Lewin, PhD

#### Insomnia Treatment Considerations, Application of CBT, and Developing Evidence Base

Michael Gradisar, PhD

#### Insomnia Across the Lifespan:

#### Tip of the Sleep Health Iceberg

James K. Wyatt, PhD, D.ABSM, C.BSM

#### Closing Remarks

#### Adjourn



# SPEAKERS

## NOVEMBER 12-15, 2015

### **Dean W. Beebe, PhD, ABPP**

Professor of Clinical Pediatrics  
University of Cincinnati College of Medicine  
Director, Neuropsychology Program  
Cincinnati Children's Hospital Medical Center  
Cincinnati, OH

### **Oliviero Bruni, MD**

Associate Professor  
Dept. of Developmental and Social Psychology  
Sapienza University | Rome, Italy

### **Mary Carskadon, PhD**

Professor of Psychiatry & Human Behavior  
Alpert Medical School, Brown University  
Director, Chronobiology and Sleep Research  
EP Bradley Hospital | Providence, RI

### **Penny Corkum, PhD**

Professor, Dept. of Psychology & Neuroscience  
Dalhousie University  
Psychologist and Director, ADHD Clinic  
Colchester East Hants Health Authority  
Scientific Staff, IWK Health Centre  
Truro, Nova Scotia, Canada

### **Susan C. M. Crane, Psy.D.**

Psychologist (Pediatric Sleep Focus)  
Children's Hospital Colorado | Aurora, CO

### **Stephanie Crowley, PhD**

Assistant Professor  
Biological Rhythms Research Laboratory  
Dept. of Behavioral Sciences  
Rush University Medical Center | Chicago, IL

### **Madeleine M. Grigg-Damberger, MD**

Professor of Neurology, University of New Mexico  
Section Chief, Pediatric Sleep Medicine Services  
University Hospital Sleep Disorders Center  
Associate Medical Director  
University of New Mexico Neurdiagnostic Laboratory  
Director, Clinical Neurophysiology Fellowship  
University of New Mexico | Albuquerque, NM

### **Daniel G. Glaze, MD**

Professor, Departments of Pediatrics and Neurology  
Baylor College of Medicine  
Medical Director, Sleep Center, Texas Children's Hospital  
Houston, TX

### **Rebecca L. Gómez, PhD**

Associate Professor Psychology  
Dept. of Psychology University of Arizona | Tucson, AZ

### **Leila Kheirandish Gozal, MD, MSc**

Professor of Pediatrics  
Director, Clinical Sleep Research  
Department of Pediatrics  
University of Chicago  
Chicago, IL

### **Michael Gradisar, PhD**

Associate Professor in  
Clinical Child Psychology  
Director, Child & Adolescent Sleep Clinic  
Flinders University  
Adelaide, South Australia

### **Ann C. Halbower, MD**

Professor of Pediatrics  
Director, Pediatric Sleep Research  
The Children's Hospital Colorado and  
University of Colorado School of Medicine | Aurora, CO

### **Kathryn Hansen, BS, CPC, REEGT**

Adjunct Faculty | Bluegrass Community and Technical  
College & MedTech College  
Executive Director, Kentucky Sleep Society | Owensboro, KY

### **Marie J. Hayes, PhD**

Graduate School of Biomedical Science & Engineering  
University of Maine | Orono, ME

### **David Ingram, MD**

Assistant Professor  
University of Missouri-Kansas City School of Medicine  
Sleep Physician, Division of Pulmonary and Sleep Medicine  
Children's Mercy Hospital | Kansas City, MO

### **Eliot S. Katz, MD**

Assistant Professor, Harvard Medical School  
Staff Physician, Boston Children's Hospital | Boston, MA

### **Daniel S. Lewin, PhD**

Assistant Professor of Pediatrics  
George Washington University School of Medicine  
Associate Director of Sleep Medicine  
Children's National Medical Center  
Rockville, MD



# SPEAKERS

## NOVEMBER 12-15, 2015

**Beth A. Malow, MD, MS**

Professor of Neurology & Pediatrics  
Vanderbilt University Medical Center  
Director, Vanderbilt Sleep Disorders Division | Nashville, TN

**Kiran Maski, MD**

Instructor, Harvard Medical School  
Boston Children's Hospital | Boston, MA

**Thornton B. Alexander Mason, MD, PhD, MSCE**

Associate Professor of Clinical Neurology and Pediatrics  
Perelman School of Medicine at the  
University of Pennsylvania  
The Children's Hospital of Philadelphia | Philadelphia, PA

**Lisa J. Meltzer, PhD**

Associate Professor of Pediatrics  
Director, Pediatric Behavioral Sleep Clinic  
National Jewish Health | Denver, CO

**Jodi A. Mindell, PhD**

Professor of Psychology | Saint Joseph's University  
Associate Director, Sleep Center  
Children's Hospital of Philadelphia | Philadelphia, PA

**Hawley Montgomery-Downs, PhD**

Associate Professor of Psychology  
Adjunct Associate Professor of Pediatrics  
West Virginia University | Morgantown, WV

**Judith A. Owens, MD, MPH**

Associate Professor | Harvard Medical School  
Director of Sleep Medicine  
Boston Children's Hospital | Boston, MA

**Kristina Puzino, MS**

The Sleep Center | The Children's Hospital of Philadelphia  
Lehigh University | Bethlehem, PA

**Mark R. Rosekind, PhD**

Administrator | U.S. Department of Transportation  
National Highway Traffic Safety Administration  
Washington, DC

**Carol Rosen, MD**

Professor, Department of Pediatrics  
Case Western Reserve University School of Medicine  
Medical Director, Pediatric Sleep Center at  
Rainbow Babies and Children's Hospital | Cleveland, OH

**Kristie R. Ross, MD, MS**

Associate Professor, Dept. of Pediatrics  
Case Western Reserve University School of Medicine  
Clinical Director, Division of Pediatric Pulmonology  
Allergy/Immunology and Sleep Medicine at  
Rainbow Babies and Children's Hospital | Cleveland, OH

**Jared M. Saletin, PhD**

Postdoctoral Research Fellow  
Dept. of Psychiatry & Human Behavior | Providence, RI

**Anat Scher, PhD**

Dept. of Counseling and Human Development  
Faculty of Education, University of Haifa, Israel

**Patrick Sorenson, MA, RPSGT**

Manager, Sleep Laboratory  
Children's National Medical Center | Washington, DC

**Karen Spruyt, PhD**

Dept. of Developmental and Behavioral Pediatrics  
Shanghai Children's Medical Center  
Shanghai Jiao Tong University School of Medicine  
Shanghai, China

**Robyn Stremmler, RN, PhD**

Assistant Professor, Lawrence S. Bloomberg  
Faculty of Nursing | University of Toronto  
Adjunct Scientist & Research Associate Hospital  
for Sick Children (SickKids) | Toronto, Canada

**Y. Grace Wang, MD**

Senior Director of Clinical Development  
Jazz Pharmaceuticals | San Francisco, CA

**Kim West, LCSW-C**

Founder, The Gentle Sleep Coach Training and  
Mentoring Program | The Sleep Lady | Annapolis, MD

**Manisha Witmans, MD, FRCPC, FAASM**

Clinical Associate Professor | University of Alberta  
Medical Director, Sound Sleep Solutions | Alberta, Canada

**James K. Wyatt, PhD, D.ABSM, C.BSM**

Associate Professor of Behavioral Sciences  
Rush Medical College  
Director, Sleep Disorders Service and Research Center

**Anat Zaidman-Zait, PhD**

Dept. of School Counseling & Special Education  
Constantiner School of Education  
Tel-Aviv University | Tel-Aviv, Israel

**Elizabeth Zaremba, MA, CCLS**

Certified Child Life Specialist  
Family and Child Life Services  
Rainbow Babies & Children's Hospital  
Cleveland, OH



# ACCREDITATIONS & CREDIT DESIGNATIONS

## CME/CE Accreditations

The Warren Alpert Medical School of Brown University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Nurses Credentialing Center (ANCC) and the American Academy of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

The American Association of Sleep Technologists designates this educational activity for a maximum of 23.75 AAST Continuing Education Credits. Individuals should claim only those credits that he/she actually earned in the educational activity.

## Credit Designations

### **Pediatric PSG I (Basic): Accommodating Children in the Sleep Lab — November 12, 2015**

Physicians: Alpert Medical School designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychology: Rhode Island Hospital is approved by the American Psychological Association to Sponsor continuing education for psychologists. Rhode Island Hospital maintains responsibility for the program and its content. This activity has been designated for a maximum of 4.0 one hour credits.

Sleep Technologists: This educational activity is designated for 4.0 Continuing Education Credits.

### **Pediatric PSG II (Advanced): Master Class Course — November 12, 2015**

Physicians: Alpert Medical School designates this live activity for a maximum of 3.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychology: Rhode Island Hospital is approved by the American Psychological Association to Sponsor continuing education for psychologists. Rhode Island Hospital maintains responsibility for the program and its content. This activity has been designated for a maximum of 3.75 one hour credits.

Sleep Technologists: This educational activity is designated for 3.75 Continuing Education Credits..

### **Best Practices Course — November 13, 2015**

Physicians: Alpert Medical School designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychology: Rhode Island Hospital is approved by the American Psychological Association to Sponsor continuing education for psychologists. Rhode Island Hospital maintains responsibility for the program and its content. This activity has been designated for a maximum of 7.75 one hour credits.

Sleep Technologists: This educational activity is designated for 7.75 Continuing Education Credits.

### **Bi-Annual Pediatric Sleep Medicine Meeting — November 14-15, 2015**

Physicians: Alpert Medical School designates this live activity for a maximum of 9.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychology: Rhode Island Hospital is approved by the American Psychological Association to Sponsor continuing education for psychologists. Rhode Island Hospital maintains responsibility for the program and its content. This activity has been designated for a maximum of 9.0 one hour credits.

Sleep Technologists: This educational activity is designated for 8.25 Continuing Education Credits.

# VENUE AND ACCOMMODATIONS

## Venue and Accommodations

Omni Amelia Island Plantation Resort is nestled on 1,350 acres at the tip of a barrier island just off the Northeast Florida coast. Enjoy luxurious oceanfront accommodations, world-class resort pools, championship golf, full-service spa, endless dining options, and family-friendly activities. For further information please visit:

<http://www.omnihotels.com/hotels/amelia-island-plantation>



## Room Reservations

A block of oceanfront guest rooms have been reserved at a special conference rate of \$229.00 (single or double occupancy), plus a resort fee of \$20.00 per night plus sales tax, currently 11%. Rate includes: self parking, unlimited internet access, on-property resort transportation, unlimited use of health & fitness center, inroom coffee services, local & toll free phone, resort beach access. Our conference rate will expire on September 27, 2015. To make reservations, please call the Omni Reservations line at 1-800-THE-OMNI and identify yourself as part of the Brown University Pediatric Sleep Medicine Conference and request our special conference rate if still available.

## Shuttle Reservations

Airport Transportation is available at a rate of \$60 per person, each way (plus tax) and can be booked at 904-261-6161. Reservations that are requested less than 72 hours cannot be guaranteed.



To request reasonable accommodations for a disability, please notify the CME Office in writing at least two weeks prior to the conference.

## Contact Information

Alpert Medical School, CME Office | Ph. 401-863-3337 | Fax: 401-863-2202 | Email: [Kelli\\_Landry@Brown.edu](mailto:Kelli_Landry@Brown.edu)





# REGISTRATION FEES AND INFORMATION

## Conference Fees

Includes CME/CE certificates, online syllabi, resource materials, meals as outlined in each course schedule, & welcome reception Friday evening.

### Register By September 6, 2015

	Physicians, Psychologists, Allied Health Professionals	Technologists	Trainees
PSG Basics November 12	\$250.00	\$175.00	\$125.00
PSG Advanced November 12	\$250.00	\$175.00	\$125.00
PSG Basics & Advanced November 12	\$450.00	\$325.00	\$225.00
Best Practices November 13	\$375.00	\$375.00	\$175.00
Annual Meeting November 14-15	\$325.00	\$325.00	\$175.00
Best Practices & Annual Meeting November 13-15	\$675.00	\$675.00	\$325.00

### Register After September 7, 2015

	Physicians, Psychologists, Allied Health Professionals	Technologists	Trainees
PSG Basics November 12	\$275.00	\$250.00	\$125.00
PSG Advanced November 12	\$275.00	\$250.00	\$125.00
PSG Basics & Advanced November 12	\$525.00	\$475.00	\$225.00
Best Practices November 13	\$400.00	\$400.00	\$175.00
Annual Meeting November 14-15	\$350.00	\$350.00	\$175.00
Best Practices & Annual Meeting November 13-15	\$725.00	\$725.00	\$325.00

## How to Register

Pre-registration is required. On-site registrations cannot be accommodated.

Online - [https://apps.biomed.brown.edu/cme\\_registration/](https://apps.biomed.brown.edu/cme_registration/)

## Cancellation/Substitution Deadline - October 7, 2015

Substitutions may be made by phone or email without additional charge. Refunds minus a \$50.00 administrative fee will be issued if cancellation is received in writing by October 7, 2015.

This conference is subject to change or cancellation.