Advances in Research, Patient Care, Policy, and Education

Thursday, November 14th

Pediatric Polysomnography: Master Class
Pediatric Behavioral Sleep Workshop

Friday, November 15th

Best Practices

Saturday, November 16th & Sunday November 17th

Pediatric Sleep Medicine Meeting

Keep Connected For Updates!

@PedSleepMedConf
10th Biennial Pediatric Sleep Medicine
Co-Chairs and Planning Committee Members

Co-Chairs
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Chief, Psychosocial Services
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Chair, Board of Directors | Pediatric Sleep Council

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Research Psychologist, Sleep Center
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Department of Child & Adolescent Psychiatry and Behavioral Sciences
Children’s Hospital of Philadelphia | Philadelphia, PA
Target Audience
Intermediate to advanced sleep medicine specialists, fellows, psychologists, physicians, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists.

Instructional level: Intermediate

Program Description
This course is targeted towards experienced sleep practitioners seeking a more advanced, but still practical approach to polysomnography procedures in infants, children and adolescents. Highlights include improving practices and lab environment to accommodate infants with apnea, updates on PAP masks for pediatric populations including mask fitting and desensitization, updates on best practices for positive airway pressure (PAP) titration in the sleep laboratory, overview of advance PAP and respiratory support strategies commonly performed in the sleep laboratory, and recognition of key PSG features or artifacts unique to or typically encountered with pediatric patients. Further skills in polysomnography and multiple sleep latency testing and interpretation will be promoted by experts in the field.

Learning Objectives:
At the conclusion of this course, attendees should be able to:

• Discuss current understanding and best practices for infant apnea evaluation and management
• Select PAP masks that work best for children (infants to obese teens; craniofacial disorders) and list tips for mask fitting in children and principles of mask desensitization
• Describe best practices for PAP titrations in children
• Understand options and approaches for evaluating advanced respiratory support therapies (including: auto-titration devices, bi-level pressure support, adherence monitoring and advanced diagnostics) commonly encountered in the sleep laboratory
• Identify limitations and practical approaches to MSLT protocols for children and the unique diagnostic features of sleep physiology of patients with narcolepsy that can be identified on polysomnography and multiple sleep latency tests
• Identify nocturnal biomarkers that aid in pediatric narcolepsy diagnosis
• Recognize normal respiratory and non-respiratory features, variants, artifacts and PSG patterns of sleep and breathing in childhood

12:00–12:55 pm  Registration and Lunch
12:55–1:00  Welcome, Overview, and Logistics
Co-Chairs: Kiran Maski, MD, MPH
& Carol L. Rosen, MD
1:00–1:45  Mastering PAP Masks
Dominic B. Gault, MD
1:45–2:30  Mastering PAP Titration
Narong Simakajornboon, MD
2:30–2:45  Break
2:45–3:30  Mastering NIV Options in the Sleep Lab
Umakanth Katwa, MD
3:30–4:15  Mastering Apnea Evaluation in Infants Beyond the Nursery
Eliot S. Katz, MD
4:15–4:30  Break
4:30–5:15  Mastering the Hypersomnia Evaluation in Children
Kiran Maski, MD, MPH
5:15–6:00 pm  Fun With PSG Fragments
Carol L. Rosen, MD
**Target Audience:**
Intermediate to advanced sleep medicine specialists, fellows, psychologists, physicians, nurses, nurse practitioners, in the clinical setting.

**Instructional level:** Intermediate

**Program Description**
This interactive workshop is aimed at intermediate to advanced pediatric sleep clinicians (i.e., psychologists, physicians, nurses) and trainees who regularly see children with behavioral sleep concerns in their clinical practice. The workshop will include a discussion of complex cases presented by experienced faculty, as well as small group discussions of how to plan and implement treatment for challenging patients. Participants will also have the opportunity to ask faculty questions about their own cases/experiences in pediatric behavioral sleep medicine.

**Learning Objectives:**

*At the conclusion of this course, attendees should be able to:*
- Utilize behavioral interventions to improve complex bedtime problems and night wakings in young children
- Apply behavioral and cognitive-behavioral strategies to the treatment of bedtime anxiety in children and adolescents
- Use behavioral and cognitive-behavioral strategies for the treatment of comorbid insomnia and mental health disorders (anxiety and ADHD)
- Develop and implement treatment plans for delayed sleep-wake phase disorder
- Partner with families to improve CPAP adherence for children with OSA
- Interpret and utilize actigraphy for treatment planning and evaluation

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**Thursday, November 14, 2019**  
**Pediatric Behavioral Sleep Medicine Workshop**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Faculty/Presenter</th>
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<tr>
<td>12:00–1:00 PM</td>
<td>Registration and Lunch</td>
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</tr>
<tr>
<td>1:00–1:10</td>
<td><strong>Course Introductions &amp; Welcome</strong></td>
<td>Co-Chairs: Lisa J. Meltzer, PhD &amp; Jodi A. Mindell, PhD</td>
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<tr>
<td>1:10–1:30</td>
<td><strong>Bedtime Problems and Night Wakings in Young Children</strong></td>
<td>Jodi A. Mindell, PhD</td>
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<tr>
<td>1:30–1:50</td>
<td><strong>Bedtime Anxiety in School Aged Children</strong></td>
<td>Valerie Crabtree, PhD</td>
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<td>1:50–2:10</td>
<td><strong>Insomnia and ADHD in Children</strong></td>
<td>Penny Corkum, PhD</td>
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<tr>
<td>2:10–2:30</td>
<td><strong>Insomnia and Anxiety in Adolescents</strong></td>
<td>Candice A. Alfano, PhD</td>
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<tr>
<td>2:30–2:45</td>
<td><strong>Break</strong></td>
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<tr>
<td>2:45–3:05</td>
<td><strong>Delayed Sleep-Wake Phase Disorder in Adolescents</strong></td>
<td>Kevin C. Smith, PhD</td>
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<td>3:05–3:25</td>
<td><strong>CPAP Adherence for Children with OSA</strong></td>
<td>Melissa S. Xanthopoulos, PhD, MS</td>
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<td>3:25–3:45</td>
<td><strong>Actigraphy for Evaluation and Treatment Planning</strong></td>
<td>Lisa J. Meltzer, PhD</td>
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<td>3:45–4:15</td>
<td><strong>Roundtable #1</strong></td>
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<tr>
<td>4:15–4:30</td>
<td><strong>Break</strong></td>
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<td>4:30–5:00</td>
<td><strong>Roundtable #2</strong></td>
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<td>5:00–5:30</td>
<td><strong>Roundtable #3</strong></td>
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<tr>
<td>5:30–6:30 PM</td>
<td><strong>Panel Discussion and Final Question &amp; Answer Session</strong></td>
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</tbody>
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**NEW COURSE**

**Target Audience:** Intermediate to advanced sleep medicine specialists, fellows, psychologists, physicians, nurses, nurse practitioners, in the clinical setting.

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Target Audience
Clinicians, researchers, and trainees (physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists).

Instructional level: Intermediate

Program Description
This course will offer best practice, up-to-date, evidence-based information in the treatment of pediatric sleep disorders across a range of sleep disorders, including sleep disordered breathing, narcolepsy, restless legs syndrome/periodic limb movement disorder, circadian rhythm disorders, insomnia, and parasomnias.

In addition, participants will learn best practices approaches to engaging patients and families to increase adherence to sleep interventions, including PAP therapy.

Learning Objectives:
At the conclusion of this course, attendees should be able to:
- Identify and diagnose physiologically-based pediatric and adolescent sleep disorders
- Identify and diagnose behaviorally-based pediatric and adolescent sleep disorders
- Apply up-to-date, evidence-based treatments for pediatric and adolescent sleep disorders
- Utilize motivational interviewing and family engagement techniques to improve adherence to sleep interventions in pediatric populations

Friday, November 15, 2019
Best Practices

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<th>Time</th>
<th>Session</th>
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<td>7:30–8:30 AM</td>
<td>Registration, Breakfast &amp; Visit Exhibits</td>
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<tr>
<td>8:30–8:45</td>
<td>Welcome</td>
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<tr>
<td>8:45–9:45</td>
<td>Pediatric Sleep Apnea Disorders</td>
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<tr>
<td>9:45–10:30</td>
<td>Circadian Rhythm Disorders</td>
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<td>10:30–10:45</td>
<td>Break and Visit Exhibits</td>
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<tr>
<td>10:45–11:15</td>
<td>Parasomnias</td>
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<tr>
<td>11:15–12:00</td>
<td>Narcolepsy: The Clinical Spectrum &amp; the Psychosocial Burden of Disease</td>
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<tr>
<td>12:00–1:00 PM</td>
<td>Lunch and Visit Exhibits</td>
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<tr>
<td>1:00–2:00</td>
<td>Restless Legs Syndrome</td>
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<td>2:00–2:30</td>
<td>Insomnia in Infants and Toddlers</td>
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<tr>
<td>2:30–3:15</td>
<td>Insomnia in Children and Adolescents</td>
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<tr>
<td>3:15–3:30</td>
<td>Break and Visit Exhibits</td>
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<tr>
<td>3:30–4:15</td>
<td>Insomnia in Special Populations: Combining Medication and Behavioral Interventions</td>
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<tr>
<td>4:15–5:00</td>
<td>Pharmacologic Management of Pediatric Insomnia</td>
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<tr>
<td>5:00–5:30 PM</td>
<td>Implementation Science</td>
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</tbody>
</table>

Friday, November 15, 2019
Welcome Reception | 6:00–8:00 pm
An opportunity to network, meet old friends and colleagues, as well as meet new people. Refreshments and light hor d'oeuvres will be served.
Target Audience
Clinicians, researchers, and trainees (physicians, psychologists, nurses, nurse practitioners, polysomnography technicians and technologists, respiratory therapists).

Instructional level: Intermediate

Program Description
Attendance at Pediatric Sleep Medicine 2019 will give participants a broad understanding of pediatric sleep, including state-of-the-art basic and clinical research in pediatric sleep and circadian science, as well as current clinical practices in pediatric sleep medicine.

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Learning Objectives:
At the conclusion of this course, attendees should be able to:
- Summarize relevant information on the latest in pediatric sleep and circadian research and clinical practice
- Identify issues and challenges in pediatric sleep medicine
- Understand public policies that potentially impact children's/adolescent's sleep
**Saturday Continued**

4:00-5:00 PM  **Concurrent Workshops**  
Co-Chairs: Carol L. Rosen, MD & Jared M. Saletin, PhD

_I. Sleep Clinic: Challenging Cases_  
Althea A. Robinson Shelton, MD, MPH  
Interesting pediatric sleep cases will be presented where the patient's other medical co-morbidities (known and unknown) raise challenging clinical and ethical questions.

_II. Gadgets & Gizmos_  
Dominic B. Gault, MD  
This workshop will evaluate several different gadgets and gizmos which are marketed directly to pediatric patients and their caregivers, in order to better understand those specific consumer sleep technology options, and to provide a framework for assessing other forms of consumer sleep technology to which the provider may come into contact or receive questions about from their patients.

_III. Establishing a Pediatric Sleep Medicine Program: The Basics_  
Judith A. Owens, MD, MPH  
This interactive workshop will address the basic components required to establish a clinical program in pediatric sleep medicine and outline the unique challenges in caring for children with sleep disorders and their families. Topics will include: clinical services, the essentials of setting up a pediatric sleep lab, the role of behavioral sleep medicine providers, and staffing and administrative issues.

_IV. Translational Science_  
Jared M. Saletin, PhD  
A discussion of how basic researchers, clinician-scientists, & primary practitioners can collaborate to advance our understandings of pediatric sleep theory, mechanism, and treatment.

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**Sunday**

7:30–8:30 AM  **Breakfast Buffet**

Trainee Event/Breakfast  
All trainees attending the 2019 Pediatric Sleep Medicine Meeting are invited.

8:30–9:45 AM  **Invited Symposium: Sleep and ADHD in 2019: Where are We Now and Where Are We Going?**  
Chairs: Michael Gradisar, PhD & Judith A. Owens, MD, MPH

_Is Sleep in ADHD Different? Subjective and Objective Evidence_  
Anna Ivanenko, MD, PhD

_Sleep and Circadian Rhythms in ADHD_  
Jessica R. Lunsford-Avery, PhD

_Update on ADHD Medications and Sleep in ADHD: Stimulants and Nonstimulants_  
Mark A. Stein, PhD, ABPP

_What’s New in Behavioral Management of Sleep Problems in ADHD_  
Penny Corkum, PhD

9:45–10:40 AM  **Poster Session II & Break**  
Chairs: Dominic B. Gault, MD  
Kendra N. Krietsch, PhD  
Vaishal A. Shah, MD, MPH  
Ariel A. Williamson, PhD

10:40–11:55 AM  **Submitted Symposium**  
Chairs: Patricia Franco, MD, PhD & Teresa M. Ward, RN, PhD, FAAN

11:55–12:00 PM  **Closing Remarks**  
Valerie Crabtree, PhD  
Stephanie J. Crowley, PhD  
Lisa J. Meltzer, PhD  
Carol L. Rosen, MD
10th Biennial Pediatric Sleep Medicine
Conference Faculty

Candice A. Alfano, PhD
Professor of Psychology
Director, Sleep and Anxiety Center of Houston
University of Houston | Houston, TX

Mary A. Carskadon, PhD
Professor of Psychiatry and Human Behavior
Warren Alpert Medical School of Brown University
Adjunct Professor of Cognitive, Linguistic & Psychological Sciences
Brown University
Director of Chronobiology
Emma P. Bradley Hospital | Providence, RI

Penny Corkum, PhD
Professor, Dept. of Psychology & Neuroscience
Dalhousie University
Psychologist and Director, ADHD Clinic, CEHHA
Scientific Staff, IWK Health Centre
Nova Scotia, Canada

Valerie Crabtree, PhD
Associate Member, St. Jude Faculty
Director of Clinical Services and Training, Psychology
St. Jude Children’s Research Hospital | Memphis, TN

Stephanie J. Crowley, PhD
Associate Professor
Department of Psychiatry and Behavioral Sciences
Director, Biological Rhythms Research Laboratory
Rush University Medical Center | Chicago IL

Jeffrey S. Durmer, MD, PhD
Co-Founder and Chief Medical Officer
FusionHealth
Adjunct Professor, Department of Health Professions
Georgia State University | Atlanta, GA

Julie Flygare, JD
Founder, President, & CEO
Project Sleep | Los Angeles, CA

Patricia Franco, MD, PhD
Professor, Faculty of Medicine
University Claude Bernard Lyon
Pediatric Sleep Medicine
Hôpital Femme Mère Enfant | Lyon, France

Michelle M. Garrison, PhD, MPH
Research Associate Professor
Division of Child and Adolescent Psychiatry
University of Washington School of Medicine
Department of Health Services
University of Washington School of Public Health
Principal Investigator
Center for Child Health, Behavior and Development
Seattle Children’s Research Institute | Seattle, WA

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Professor of Clinical Psychiatry and Behavioral Sciences
Northwestern University Feinberg School of Medicine
Sleep Medicine, Central DuPage Hospital
Ann & Robert H. Lurie Children’s Hospital of Chicago
Chicago, IL
Member, Children’s Community Physicians Association

Eliot S. Katz, MD
Assistant Professor of Pediatrics | Harvard Medical School
Division of Pulmonary & Respiratory Diseases
Boston Children’s Hospital | Boston, MA

Umakanth Katwa, MD
Instructor in Pediatrics | Harvard Medical School
Division of Pulmonary & Respiratory Diseases
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Boston Children’s Hospital | Boston, MA

Kendra N. Krietsch, PhD
T32 Research Fellow in Child Behavior and Nutrition
Behavioral Medicine and Clinical Psychology
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH

Monique K. LeBougeois, PhD, MS, MA
Associate Professor, Integrative Physiology
Center for Neuroscience
University of Colorado Boulder | Boulder, CO

Whitney A. Loring, PsyD
Assistant Professor of Pediatrics and Psychiatry & Behavioral Sciences
Vanderbilt Kennedy Center
Vanderbilt University Medical Center
Clinical Psychologist
TRIAD Families First Coordinator | Nashville, TN

Jessica R. Lunsford-Avery, PhD
Assistant Professor in Psychiatry and Behavioral Sciences
Duke University | Durham, NC

Beth A. Malow, MD, MS
Bury Chair in Cognitive Childhood Development
Professor of Neurology & Pediatrics
Director, Vanderbilt Sleep Disorders Division
Vanderbilt University Medical Center | Nashville, TN
10th Biennial Pediatric Sleep Medicine Conference Faculty

**Kiran Maski, MD, MPH**  
Assistant Professor of Neurology  
Harvard Medical School  
Director, Sleep Neurology Clinic  
Boston Children's Hospital | Boston, MA

**Lisa J. Meltzer, PhD**  
Associate Professor of Pediatrics  
Director, Pediatric Behavioral Sleep Clinic  
National Jewish Health | Denver, CO

**Jodi A. Mindell, PhD**  
Professor of Psychology  
Director, Graduate Psychology | Saint Joseph's University  
Associate Director, Sleep Center  
Children's Hospital of Philadelphia | Philadelphia, PA  
Chair, Board of Directors | Pediatric Sleep Council

**Judith A. Owens, MD, MPH**  
Professor of Neurology | Harvard Medical School  
Director, Center for Pediatric Sleep Disorders  
Boston Children's Hospital | Boston, MA

**Althea A. Robinson Shelton, MD, MPH**  
Assistant Professor of Neurology  
Sleep Division, Vanderbilt Kennedy Center  
Vanderbilt Medical Center, Vanderbilt University  
Nashville, TN

**Carol L. Rosen, MD**  
Professor, Department of Pediatrics  
J. S. Rube Endowed Chair in Pediatric Sleep Medicine  
Case Western Reserve University School of Medicine  
University Hospitals of Cleveland, Case Medical Center  
Rainbow Babies & Children's Hospital | Cleveland, OH

**Jared M. Saletin, PhD**  
Assistant Professor of Psychiatry and Human Behavior  
Warren Alpert Medical School of Brown University  
Associate Director, Sleep Research Laboratory  
Emma P. Bradley Hospital | Providence, RI

**Vaishal A. Shah, MD, MPH**  
Center for Pediatric Pulmonary Medicine  
Sleep Disorders Center | Cleveland Clinic | Cleveland, OH

**Narong Simakajornboon, MD**  
Professor, UC Department of Pediatrics  
University of Cincinnati College of Medicine  
Director, Sleep Disorders Center  
Director, Sleep Medicine Fellowship Program  
Cincinnati Children's | Cincinnati, OH

**Kevin C. Smith, PhD**  
Associate Professor of Pediatrics  
Kansas City School of Medicine  
University of Missouri  
Pediatric Psychologist, Sleep Disorders Center  
Children’s Mercy Kansas City | Kansas City, MO

**Mark A. Stein, PhD, ABPP**  
Professor of Psychiatry and Behavioral Science  
Professor of Pediatrics  
University of Washington  
Director, ADHD and Related Disorders Program (PEARL Clinic)  
Seattle Children’s Hospital  
Investigator, Seattle Children’s Research Institute | Seattle, WA

**Jan Van den Bulck, PhD, D.Sc**  
Professor of Media Psychology  
Department of Communication Studies  
University of Michigan | Ann Arbor, MI

**Teresa M. Ward, RN, PhD, FAAN**  
Professor and Interim Chair  
Department of Psychosocial and Community Health  
Co-Director, Center for Innovation in Sleep Self-Management  
University of Washington School of Nursing | Seattle, WA

**Debra E. Weese-Mayer, MD**  
Professor of Pediatrics and Beatrice Cummings Mayer Professor of Pediatric Autonomic Medicine  
Northwestern University Feinberg School of Medicine  
Chief, Division of Pediatric Autonomic Medicine  
Ann & Robert H. Lurie Children's Hospital of Chicago and the Stanley Manne Children's Research Institute | Chicago, IL

**Ariel A. Williamson, PhD**  
Research Psychologist, Sleep Center  
Division of Pulmonary Medicine  
Department of Child & Adolescent Psychiatry and Behavioral Sciences  
Children's Hospital of Philadelphia | Philadelphia, PA

**Melissa S. Xanthopoulos, PhD, MS**  
Psychologist, Department of Child and Adolescent Psychiatry and Behavioral Sciences  
Sleep Center at Children's Hospital of Philadelphia  
Director, CPAP Adherence Program  
Children's Hospital of Philadelphia | Philadelphia, PA
CME/CE Accreditations & Credit Designations

Accreditations

CME: The Warren Alpert Medical School of Brown University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

APA: Applications have been submitted to the Massachusetts Psychological Association. Massachusetts Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. Massachusetts Psychological Association maintains responsibility for this program and its content. Determination of CE credit pending.

ANCC/AANP: The American Nurses Credentialing Center & the American Academy of Nurse Practitioners accept AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

AARC: Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.

AAST: The American Association of Sleep Technologists designates this educational activity for a maximum of 25 AAST Continuing Education Credits. Individuals should claim only those credits that he/she actually earned in the educational activity.

Credit Designations

Nov.14 | Pediatric Polysomnography Course
Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Psychologists: Determination of CE credit is pending.
Respiratory Therapists: Determination of CRCE credit pending.
Sleep Technologists: This educational activity is designated for 4.5 Continuing Education Credits.

Nov.14 | Pediatric Behavioral Sleep Medicine Workshop
Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Psychologists: Determination of CE credit is pending.
Respiratory Therapists: Determination of CRCE credit pending.
Sleep Technologists: This educational activity is designated for 5.0 Continuing Education Credits.

Nov.15 | Best Practices Course
Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Psychologists: Determination of CE credit is pending.
Respiratory Therapists: Determination of CRCE credit pending.
Sleep Technologists: This educational activity is designated for 7.5 Continuing Education Credits.

Nov.16 | Pediatric Sleep Medicine Meeting
Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Psychologists: Determination of CE credit is pending.
Respiratory Therapists: Determination of CRCE credit pending.
Sleep Technologists: This educational activity is designated for 7.0 Continuing Education Credits.

Nov.17 | Pediatric Sleep Medicine Meeting
Physicians: The Warren Alpert Medical School designates this live activity for a maximum of 2.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Psychologists: Determination of CE credit is pending.
Respiratory Therapists: Determination of CRCE credit pending.
Sleep Technologists: This educational activity is designated for 2.5 Continuing Education Credits.
Conference Fees include: CME / CE credit, online syllabi for Pediatric PSG, Pediatric Behavioral Sleep Medicine and Best Practice courses, resource materials, meals as outline in each course schedule and welcome reception.

Pre-registration is required at: https://cme-learning.brown.edu/
On-site registrations cannot be accommodated.

<table>
<thead>
<tr>
<th>Register By September 16, 2019</th>
<th>Physicians, Psychologists, Allied Health Professionals</th>
<th>Technologists</th>
<th>Trainees*</th>
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<td>Pediatric Polysomnography</td>
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<tr>
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<th>Register After September 16, 2019</th>
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<td>$400.00</td>
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*Please note you are eligible for trainee registration rates if:
1. You are currently engaged in an academic program of study working toward a terminal degree (undergraduate or graduate); or
2. You finished your terminal degree (PhD, MD, RN) after January 1, 2016 and are currently engaged in a training program at an academic and/or medical institution (post-doctoral fellow, resident).

Cancellation/Substitution Deadline - October 14, 2019

Substitutions may be made by phone or e-mail without additional charge. Refunds minus a $75.00 administrative fee will be issued if cancellation is received in writing by October 14, 2019. This conference is subject to change or cancellation.

For More Information:
Office of Continuing Medical Education at the Warren Alpert Medical School of Brown University
Ph. 401-863-2871 | Fax: 401-863-2202 | Email: Andrea_Goldstein@Brown.edu
www.brown.edu/cme/pedsleepmedconference

To request reasonable accommodations for a disability, please notify the CME Office in writing at least two weeks prior to the conference.
The Ritz-Carlton Golf Resort, Naples

Journey up the winding road to The Ritz-Carlton Golf Resort, Naples and a stately Italianate structure emerges from the lush green landscape. The spirit of Italy permeates the warm coastal breeze, when a grove of palm trees reveals your true destination. The lush greens of the golf resort bask in the bright Florida sun, and a few soft beams glisten gently on the rippled surface of our heated swimming pool. The Ritz-Carlton Golf Resort, Naples provides a tranquil, country club atmosphere and merely three miles from our private, white sand beaches along the Gulf of Mexico located at the neighboring Ritz-Carlton, Naples. Guests are encouraged to take advantage of complimentary shuttle service between the resorts and explore the dining, spa, pools, entertainment lounge, interactive environmental children’s program, and wide selection of beach activities available on property. Further information is available here: http://www.ritzcarlton.com/en/hotels/naples/naples-golf/hotel-overview

Room Reservations: Conference Rate Expires October 9, 2019

A block of guest rooms have been reserved at a special conference rate of $239.00 per night (single or double occupancy), plus sales tax, currently 11%. There will be an additional charge of $25.00 per day for each additional person over age 18 and/or two people in a guestroom. The maximum number of people per guestroom is four (4). Rates includes: self parking, basic high speed internet access, unlimited use of health & fitness center, and in room coffee, tea, and bottled water services.

To make reservations, please go to: https://book.passkey.com/go/BrownUniversitySleep

Fly into Southwest Florida International Airport (RSW)

Conference attendees should fly in to the Southwest Florida International Airport (RSW) in Fort Myers, which has direct international and domestic flights. This airport is roughly 30 minutes from the hotel.

Shuttle Reservations

For a current listing of available shuttle and transportation options, please visit our website at: www.brown.edu/cme/transportation.

GPS Directions

The Ritz-Carlton Golf Resort, Naples
2600 Tiburon Dr, Naples, FL 34109