Annual Brown Orthopedics Symposium

Current Topics in Lower Extremity Orthopedics and Musculoskeletal Examination

Saturday, November 18, 2017
Warren Alpert Medical School | Providence, RI

Jointly Provided By
Warren Alpert Medical School, Brown University and University Orthopedics, Inc.
Current Topics in Lower Extremity Orthopedics and Musculoskeletal Examination

Program Description
Lower extremity injuries are among the most common chief complaints seen in primary care, with a rapidly growing geriatric population needing total joints, reconstructive surgery, and orthopedic care. Over 1 million total joints are performed annually and that number is likely rising. Understanding the pathophysiology and anatomy of the musculoskeletal system is crucial in order to promptly diagnose and appropriately manage patients with these complaints. This course will enhance participants’ familiarity with various adult lower extremity orthopedic complaints ranging from osteoarthritis to achilles tendonitis, basic trauma topics, and musculoskeletal exam, with the goal to increase health provider comfort in initiating evaluation and treatment. The curriculum will incorporate interactive case examples, multiple opportunities for questions and answers, hands-on workshops on the physical examination of joints, and one on one interaction with faculty and specialists in each specialty.

Target Audience
Primary Care and Chiropractic Physicians, Physician Assistants, Nurse Practitioners, Physical Therapists, Physical Therapy Assistants, Athletic Trainers, Residents, Fellows, Medical Students.

Learning Objectives
At the conclusion of this activity, participants should be able to:
• Understand basic anatomy of the hip, knee, and ankle
• Learn the basic steps in the physical exam and associated maneuvers
• Know when to send to physical therapy and when to call your orthopedist
• Learn about the new developments in total joints, trauma, and ankle surgery
• Understands the rising topics in the business of medicine and their impact on musculoskeletal care

Course Directors
Valentin Antoci, Jr., MD, PhD
Assistant Professor of Orthopedics
Warren Alpert Medical School of Brown University
Rhode Island Hospital and The Miriam Hospital
Providence, RI

John A. Froehlich, MD, MBA
Associate Professor of Orthopaedics, Clinical Educator
Warren Alpert Medical School of Brown University
Program Director, The Total Joint Center
The Miriam Hospital | Providence, RI

Faculty
Stacy Faiola, PT, CSCS
Physical Therapy Site Coordinator | Providence, RI

Nick Forgue, ATC
Lead DME Fitter | Providence, RI

Raymond Y. Hsu, MD
Assistant Professor of Orthopaedics
Warren Alpert Medical School of Brown University
Rhode Island Hospital | Providence, RI

Derek R. Jenkins, MD
Assistant Professor of Orthopaedics
Warren Alpert Medical School of Brown University
Rhode Island Hospital & The Miriam Hospital | Providence, RI

Jonathan R. Schiller, MD
Assistant Professor of Orthopaedics
Director, Adolescent and Young Adult Hip Service
Warren Alpert Medical School of Brown University
Hasbro Children’s Hospital & Rhode Island Hospital
Providence, RI

All faculty are affiliated with University Orthopedics, Inc., which has locations in Barrington, East Greenwich, Middletown, and Providence, RI.
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7:00–7:50 AM  Registration, Breakfast, & Visit Exhibitors

FUNDAMENTALS OF MSK
7:50–8:10  Introduction: Advances in Adult Reconstruction & Clinical Implications
Valentin Antoci Jr., MD, PhD

8:10–8:30  Transforming Musculoskeletal Care—Basic Science & Translational Research
Roy K. Aaron, MD

8:30–8:50  Patient Selection for Orthopedic Surgery: Who Will Likely Benefit; Is It Age Related
Julio C. Defillo Draiby, MD

HIP AND KNEE
8:50–9:10  Examination & Anatomy of the Hip & Knee
Eric M. Cohen, MD

9:10–9:30  Adult Knee Preservation, Internal Derangement, & Arthroscopy
Roy K. Aaron, MD

9:30–9:50  Hip Impingement & Arthritis: Preservation or Total Hip Arthroplasty
Jonathan R. Schiller, MD

9:50–10:10  Break & Visit Exhibitors

10:10–10:30  Physical Therapy in Hip & Knee Problems
Stacy Faiola, PT, CSCS

10:30–10:50  Controversies: Robotics, Surgical Hip Approach, Revision
Derek R. Jenkins, MD

10:50–11:10  Discussion & Case Studies

BREAKOUT SESSIONS
11:10–12:10 PM  Hip Physical Examination
Valentin Antoci Jr., MD, PhD

Knee Physical Exam
Eric M. Cohen, MD

Foot & Ankle Physical Examination
Raymond Y. Hsu, MD

BUSINESS OF MEDICINE
1:05–1:25  Center of Excellence, Bundle Payments, & Total Joint Centers
John A. Froehlich, MD, MBA

1:25–1:35  Outpatient Surgery—Is There a Need for Hospitals in Our Future?
Eric M. Cohen, MD

1:35–1:55  Our Healthcare—Obama or Trump Care
Valentin Antoci Jr., MD, PhD

LOWER EXTREMITY
1:55–2:15  Lower Extremity Fractures, Outcomes, & Post-Op Care
Andrew R. Evans, MD, FACS

2:15–2:35  Brace, Splints & Other Modalities for Lower Extremity Problems
Christopher Braddock, Jr.
Nick Forgue, ATC

2:35–2:55  Orthopedic Emergencies—Is This An Infection or Else...
Eric M. Cohen, MD

2:55–3:10  Break & Visit Exhibitors

3:10–3:30  Foot & Ankle Anatomy & Physical Examination for Common Disorders
Raymond Y. Hsu, MD

3:30–3:50  Surgical vs. Non-Surgical Options for Achilles Tendon Pathology
Raymond Y. Hsu, MD

3:50–4:10  Discussion & Case Presentations

4:10 PM  Adjourn

Register online at: https://apps.biomed.brown.edu/cme_registration
Registration Information
Register online at:
https://apps.biomed.brown.edu/cme_registration

Conference registration fee includes: Breakfast, lunch, access to the online syllabus, and garage parking.

Registration Fees
Early Bird Rate: Register before October 27th
$175.00 Physicians, Chiropractic Physicians, Physician Assistants, Nurse Practitioners, Physical Therapists, Physical Therapy Assistants
$150.00 Other Healthcare Professionals
$75.00 Students, Residents, Fellows

Register after October 27th
$200.00 Physicians, Chiropractic Physicians, Physician Assistants, Nurse Practitioners, Physical Therapists, Physical Therapy Assistants
$175.00 Other Healthcare Professionals
$75.00 Students, Residents, Fellows

Cancellation Policy
Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than Nov. 4, 2016. A $25.00 administrative fee will be charged for all refunds (no refunds for “no shows”). There will be no additional charge for substitutions. This conference is subject to change or cancellation.

Please notify the Brown CME Office in writing at least two weeks prior to the conference to request reasonable accommodations.

Conference Location and Parking
Warren Alpert Medical School of Brown University
222 Richmond Street, Providence, RI 02912

Parking will be available in the parking garage adjacent to the Medical Building (333 Eddy St. on Google Maps). Enter through the Eddy or Elm Street entrances and take a ticket from the machine. You may park on any level of the garage and can exit using either the Eddy or Elm Street exits.

For More Information
Contact the Brown CME Office
233 Richmond Street, Providence, RI 02912
Ph: 401.863.2871 | F: 401.863.2202 | Email: CME@Brown.edu

Accreditation
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and University Orthopedics, Inc. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation
Physicians: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers: Alpert Medical School of Brown University is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers (#P8573). This program has been approved for a maximum of 7 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

Chiropractic Physicians: This conference is approved for Continuing Education Credits. Chiropractic Physicians will receive a Certificate of Attendance for up to 7 hours.

Physician Assistants/Nurse Practitioners: Participants will receive a Certificate of Attendance stating this program is designated for 7 hours AMA PRA Category 1 Credits™. This credit is accepted by the AAPA and AANP.

Physical Therapists/Physical Therapy Assistants: An application has been submitted to the Rhode Island Board of Physical Therapy to offer CE programs for physical therapists. Determination of credits is pending.