Annual Brown Orthopedics Symposium

Pediatric and Adolescent Sports Medicine

Saturday, November 19, 2016
Warren Alpert Medical School | Providence, RI

Jointly Provided By
Warren Alpert Medical School, Brown University and University Orthopedics, Inc.
Pediatric and Adolescent Sports Medicine

Program Description
The rate of sports participation among young athletes in the United States is significant. Sports-related injuries and conditions are among the most common reasons children and adolescents present to their primary care provider. Understanding the pathophysiology and anatomy of the musculoskeletal system are crucial to promptly diagnose and appropriately manage patients with these injuries. This course will enhance participants’ familiarity with various pediatric and adolescent sports medicine topics and increase their comfort in initiating evaluation and treatment. The curriculum will incorporate interactive case examples, multiple opportunities for question and answer, and hands-on workshops on physical examination and splinting when dealing with acute sports-related injuries.

Target Audience
Primary Care and Chiropractic Physicians, Physician Assistants, Nurse Practitioners, Physical Therapists, Physical Therapy Assistants, Athletic Trainers, Residents, Fellows, Medical Students.

Learning Objectives
At the conclusion of this activity, participants should be able to:
• Differentiate among various types of sports injuries and sports-related conditions
• Initiate workup and know the proper indications for higher level imaging techniques in diagnosis
• Initiate appropriate non-operative treatment
• Describe the indications for referral to a specialty provider
• Develop hands-on skills for splinting acute extremity injuries

Saturday, November 19, 2016

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<th>Time</th>
<th>Activity</th>
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<td>7:00–8:00 AM</td>
<td>Registration, Breakfast, and Visit Exhibitors</td>
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| 8:00–8:15  | Introduction
Aristides I. Cruz, Jr., MD |
| 8:15–8:35  | The Youth Sports Machine
Peter K. Kriz, MD |
| 8:35–8:55  | Pediatric Overuse Syndromes
Patricia M. Solga, MD |
| 8:55–9:15  | Physical Examination of the Knee and Shoulder
Valentin Antoci Jr., MD, PhD |
| 9:15–9:25  | Question and Answer Panel Session |
| 9:25–9:45  | Evaluation of Shoulder Pain in the Youth Athlete
Andrew Green, MD |
| 9:45–10:05 | Shoulder Instability of the Youth Athlete
Brett D. Owens, MD |
| 10:05–10:25| Pediatric & Adolescent Throwing Injuries
E. Scott Paxton, MD |
| 10:25–10:35| Question and Answer Panel Session |
| 10:35–11:00| Break and Visit Exhibitors |
| 11:00–12:00 PM | Physical Examination Workshop
Small Group Breakout—All Faculty |
| 12:00–12:45 | Lunch and Visit Exhibitors |
Pediatric and Adolescent Sports Medicine

Course Director

Aristides I. Cruz, Jr., MD
Assistant Professor of Orthopaedics
Warren Alpert Medical School of Brown University
Rhode Island Hospital and Hasbro Children’s Hospital
University Orthopedics, Inc. | Providence, RI

Faculty

Valentin Antoci, Jr., MD, PhD
Assistant Professor of Orthopedics
Warren Alpert Medical School of Brown University
Rhode Island Hospital and The Miriam Hospital
University Orthopedics, Inc. | Providence, RI

Daniel Bien, MSPT, OCS, CSCS
Clinical Coordinator, Physical Therapy Education
University Orthopedics, Inc. | Providence, RI

Jennifer Davis, MSPT
Dance Clinical Specialist
University Orthopedics, Inc. | Providence, RI

Thomas Dubuque, PT, MSPT, SCS, CSCS
Sports Clinical Specialist
University Orthopedics, Inc. | Providence, RI

Craig P. Eberson, MD
Associate Professor of Orthopaedics
Program Director, Orthopedic Surgery Residency
Warren Alpert Medical School of Brown University
Chief, Division of Pediatric Orthopedics
Hasbro Children's Hospital
University Orthopedics, Inc. | Providence, RI

Paul D. Fadale, MD
Professor of Orthopedics
Warren Alpert Medical School of Brown University
Chief, Division of Sports Medicine
Sports Medicine Fellowship Director
Rhode Island Hospital
University Orthopedics, Inc. | Providence, RI

Andrew Green, MD
Associate Professor of Orthopedics
Warren Alpert Medical School of Brown University
Chief, Division of Shoulder & Elbow Surgery
Rhode Island Hospital & The Miriam Hospital
University Orthopedics, Inc. | Providence, RI

Peter K. Kriz, MD
Assistant Professor of Orthopedics (Clinical)
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Rhode Island Hospital and The Miriam Hospital
University Orthopedics, Inc. | Providence, RI

Brett D. Owens, MD
Professor of Orthopedics
Warren Alpert Medical School of Brown University
Rhode Island Hospital
University Orthopedics, Inc. | Providence, RI

E. Scott Paxton, MD
Assistant Professor of Orthopedics
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Rhode Island Hospital & The Miriam Hospital
University Orthopedics, Inc. | Providence, RI

David Pezzullo, MS, PT, SCS, ATC
Director, Physical Therapy
University Orthopedics, Inc. | Providence, RI

Jonathan R. Schiller, MD
Assistant Professor of Orthopedics
Warren Alpert Medical School of Brown University
Director, Adolescent and Young Adult Hip Program
Rhode Island Hospital and Hasbro Children's Hospital
University Orthopedics, Inc. | Providence, RI

Patricia M. Solga, MD
Clinical Assistant Professor of Orthopaedics
Director, Women’s Orthopedic Leadership Forum
Warren Alpert Medical School of Brown University
Orthopaedic Director, Child Development Center
Rhode Island Hospital, The Miriam Hospital,
Hasbro Children’s Hospital, and Women & Infants Hospital
University Orthopedics, Inc. | Providence, RI

Register online at:
https://apps.biomed.brown.edu/cme_registration
Pediatric and Adolescent Sports Medicine

Accreditation
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and University Orthopedics, Inc. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation
Physicians: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers: Alpert Medical School of Brown University is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers (#P8573). This program has been approved for a maximum of 7.5 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

Chiropractic Physicians: This conference is approved for Continuing Education Credits. Chiropractic Physicians will receive a Certificate of Attendance for up to 7.5 hours.

Osteopathic Physicians: This conference is approved through the American Osteopathic Association for 7.5 credits of AOA Category 2-A CME. Osteopathic Physicians will receive a Certificate of Attendance verifying their participation.

Physician Assistants/Nurse Practitioners: Participants will receive a Certificate of Attendance stating this program is designated for 7.5 hours AMA PRA Category 1 Credits™. This credit is accepted by the AAPA and AANP.

Physical Therapists/Physical Therapy Assistants: The Warren Alpert Medical School Office of Continuing Medical Education is approved by the Rhode Island Board of Physical Therapy to offer CE programs for physical therapists. Physical therapist participants will receive a Certificate of Attendance for up to 7.75 hours.

Registration Information
Register online at:
https://apps.biomed.brown.edu/cme_registration

Conference registration fee includes: Breakfast, lunch, access to the online syllabus, and garage parking.

Registration Fees
Early Bird Rate: Register before October 6th
$175.00 Physicians, Chiropractic Physicians, Physician Assistants, Nurse Practitioners, Physical Therapists, Physical Therapy Assistants
$150.00 Other Healthcare Professionals
$75.00 Students, Residents, Fellows

Register after October 6th
$200.00 Physicians, Chiropractic Physicians, Physician Assistants, Nurse Practitioners, Physical Therapists, Physical Therapy Assistants
$175.00 Other Healthcare Professionals
$75.00 Students, Residents, Fellows

Cancellation Policy
Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than Nov. 4, 2016. A $25.00 administrative fee will be charged for all refunds (no refunds for “no shows”). There will be no additional charge for substitutions. This conference is subject to change or cancellation.

Please notify the Brown CME Office in writing at least two weeks prior to the conference to request reasonable accommodations.

Conference Location and Parking
Warren Alpert Medical School of Brown University
222 Richmond Street, Providence, RI 02912

Parking will be available in the parking garage adjacent to the Medical Building (333 Eddy St. on Google Maps). Enter through the Eddy or Elm Street entrances and take a ticket from the machine. You may park on any level of the garage and can exit using either the Eddy or Elm Street exits.

For More Information
Contact the Brown CME Office
233 Richmond Street, Providence, RI 02912
Ph: 401.863.2871 | F: 401.863.2202 | Email: CME@Brown.edu

Register online at:
https://apps.biomed.brown.edu/cme_registration