



Chronic Care and Disease Management Program Presents:

Using the Stages of Change to Assist Patients to Make Lifestyle Changes



Tuesday, April 29, 2014 | 8:30–9:30 AM

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Program Description

Attendees will learn the Transtheoretical Model and how to identify patients in various stages of change. They will also learn how to use standardized assessments to help patients move towards healthy behaviors.

Target Audience

Practice teams including physicians, nurses, nurse care managers, medical assistants, and other team members.

Educational Objectives

At the conclusion of this session, attendees should be able to:

1. Describe the key principles of the Transtheoretical Model
2. Describe the key characteristics of patients in various stages of change
3. Identify at least two assessment strategies to determine a patient's stage of change
4. Explain how to address the needs of patients in different stages of change to facilitate progress to the next stage

Chronic Care and Disease Management Program

This session is part of the Chronic Disease Webinar Series being offered by the RI Department of Health's RI Chronic Care Collaborative. Helping to integrate quality improvement and patient activation among chronic disease patients is integral to high-quality primary care.

Save the Dates for the Next Sessions:

May 29, 2014 | June 19, 2014

Register online at:

https://apps.biomed.brown.edu/cme_registration/

All are welcome to attend this session at the Rhode Island Department of Health Auditorium in Providence or participate online via webcast*.

Pre-registration is required through either format. Email confirmations and webcast instructions will be sent to all registrants.

CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the Rhode Island Department of Health. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Physicians, Physician Assistants, Nurse Practitioners:

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This continuing nursing education activity was approved for 1 CEU by the Rhode Island State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

All Other Healthcare Providers: Certificates of Attendance will be available for all other healthcare providers not listed above upon completion of the credit claim form or online requirements.

*Please note that to view the live webcast Silverlight must be installed on your computer.